

FREE HEALTH CHECKS FOR YOUR WORKERS

About WorkHealth:

WorkHealth is a Victorian Government initiative delivered by WorkSafe Victoria. This world-first program aims to improve the health and wellbeing of workers and reduce the risk of chronic disease among Victoria's working population.

The \$218 million, five year program will give every Victorian worker the opportunity to be screened for their risk of type 2 diabetes and cardiovascular disease.

During the 15 minute health check, workers will:

- complete a short health and lifestyle questionnaire;
- have their waist circumference, blood cholesterol, blood pressure and blood glucose measured; and
- be referred to their GP when applicable.

**All results are fully confidential*

The benefits for workers are:

- a chance to learn more about their personal health;
- an increased awareness of preventable diseases such as cardiovascular disease and type 2 diabetes; and
- an opportunity to learn encouraging, positive ways to reduce risk factors and maintain good health.

The benefits for employers are:

- improved productivity;
- improved staff morale;
- reduced absenteeism;
- reduced presenteeism (being at work when unwell);
- reduced staff turnover;
- reduced workplace injuries; and
- positive corporate image.

The WorkHealth program can be accessed in a number of ways. VECCI has allocated a full-time resource to assist employers access the program free of charge. This offer is open to all VECCI members.

Because you care about the wellbeing of your employees' – you will sign up.


Please complete the application form and fax or email to John Wigg, WorkHealth Program Manager at VECCI:

Fax – 03 8662 5367

Email – jwigg@vecci.org.au

For more information call John on 03 8662 5132 or 0403 457 631.





WORKHEALTH CHECKS

Sept 2011

Yes, please give my workers FREE WorkHealth checks.

1. Contact Information

Trading Name Legal Name

WorkSafe Injury Insurance Number ABN

Worksite Address Number of Workers at Worksite

Nominated Contact Person

Title First Name Last Name Position Title

Email Telephone Mobile

Fax

2. Additional Worksite Addresses (if applicable)

Worksite Address Number of Workers at Worksite

Worksite Address Number of Workers at Worksite

Worksite Address Number of Workers at Worksite

Worksite Address Number of Workers at Worksite

3. Service Provider

If your organisation has been contacted by a service provider and you wish to nominate them please enter their identification number.

4. Campaign Code

If WorkSafe has provided you with a special promotional campaign code, please enter it in the box below.

5. Research

Does your organisation agree to be contacted by Victoria (WorkSafe) or an agent to participate in future research (estimated at no more than 20 minutes)?

Yes No

6. How will information collected on this form be used?

Information will be used for processing and administering WorkHealth checks. It may also be used for evaluating the WorkHealth checks program.

WorkSafe Victoria (WorkSafe) may disclose information collected on this form to its contractors and agents and any person or organisation authorised by you, or by law, to obtain it.

Applicants should note that all information submitted to WorkSafe may be the subject of a request under the *Freedom of Information Act 1982 (Vic)*. WorkSafe will consult with an employer if a request relates to that organisation's commercial information.